




April - 2019

S.F. TRACK CLUB














SUN	MONDAY	TUESDAY	Wednesday	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	BYU Invit. HS Track Meet Region H.S. Track Meet State H.S. Track Meet <div style="border: 1px solid black; padding: 5px; display: inline-block; margin-top: 10px;"> Below in May! </div> <p>These are High School track meets that the Track club members may attend to watch if they so choose to do so! These meets are not part of the Track Club race schedule.</p>		
14	15	16	17			
21	22  Track Club Practice 5:00-6:00 pm Parent Mtg. 6:00 pm @ Spanish Fork HS. Track	23	24			
28	29  Track Club Practice 5:00-6:00 p	30  Track Meet @ Salem Hills H.S. 5:00 p.m. start SF, Orem, Fillmore				

May - 2019

 Practices will be held at the track at:
 Spanish Fork HS - 400 W. Center St., Spanish Fork



SUN	MONDAY	TUESDAY	Wednesday	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			 Track Club Practice 5:00-6:00 p		BYU Invit. HS Track Meet	
5	6  Track Club Practice 5:00-6:00 p	 Track Meet @ Payson H.S. 5:00pm Start SF, Spr, Salem	8 <div style="border: 2px solid red; padding: 5px; display: inline-block;"> Region H.S. Track Meet </div>	9	10	11
12	13  Track Club Practice 5:00-6:00 p	 HOST: Track Meet @ Span.Fork H.S. 5:30pm Start Salem, Fillmore, Mt. Pleasant & Payson	15  Track Club Practice 5:00-6:00 p	16	17	18
19	20  Track Club Practice 5:00-6:00 p	 Track Meet @ Payson H.S. 5:00pm Start SF, Salem, Fillmore	22  Track Club Practice 5:00-6:00 p	23	24	25
26	27 Memorial Day No Practice	28  Track Club Practice 8:00-9:00am	29  South Invitational Track Meet Spanish Fork HS Track Check-in: 3:30- 4:00 pm Field events start at 4:00 pm, Running events at 5:00 pm			