

Youth Basketball Practice - Brockbank Elementary

340 West 500 North

There will be no practice during the Christmas Holidays from Dec. 17 - January 3
Teams will practice on the same night, time, and location throughout the season!

| Time | Tuesdays | Wednesdays | Thursdays |
|------|---------------------------------|-----------------------------|----------------------------|
| 5:00 | | B 5th - Cobras - Lemon | B 3rd - Bruins - Manfield |
| 5:00 | G 5th - Monarchs - Okerland | G3 Pacers- Bradshaw | B 3rd - Lancers - Townsend |
| 6:00 | B 4th - Hoopsters - Bufton | G 5/6 - Mustangs - Bradshaw | B 5th - Huskies - Peters |
| 6:00 | G 5/6 - Firebirds - Dyches | G 5/6 - Rockers - Nelson | G 5/6 - Flame - Graham |
| 7:00 | G 4th - Thunder - Farr | B 5th - Titans - Murphy | B 5th - Chargers - Swenson |
| 7:00 | | B 5th - Jayhawks - Oldham | G 5/6 - Shock - Jorgenson |
| 8:00 | B 3rd -Lancers-Townsend (01/04) | B 5th - Wildcats - Duvall | |
| 8:00 | | | |

Practices will not be held on the following dates:

Basket Height

3rd Boys & Girls - 8 ft
4th Boys & Girls - 9 ft
5th Grade & up - 10 ft

No Practices Thursday Jan 13th due to SEPs

Youth Basketball Practice - East Meadows Elementary

1287 S. 2130 E.

There will be no practice during the Christmas Holidays from Dec. 17 - January 3
 Teams will practice on the same night, time, and location throughout the season!

| Time | Tuesdays | Wednesdays | Thursdays |
|------|--|----------------------------|--|
| 5:00 | Little Hoopsters Program Starts Tuesday, January 25th | B 3rd - Eagles - Evans | Little Hoopsters Program Starts Tuesday, January 25th |
| 5:00 | | B 4th - Wolverines - Slade | |
| 6:00 | | B 3rd - Shooters - Radford | |
| 6:00 | | B 5th - Tar Heels - Lopez | |
| 7:00 | | B 5th - Bulls - Dunning | |
| 7:00 | | B 6th - Knights - Burnside | |
| 8:00 | | | |
| 8:00 | | | |

Practices will not be held on the following dates:

Basket Height

- 3rd Boys & Girls - 8 ft
- 4th Boys & Girls - 9 ft
- 5th Grade & up - 10 ft

Youth Basketball Practice - Canyon Elementary

1492 East 1240 South

There will be no practice during the Christmas Holidays from Dec. 18 - January 3
Teams will practice on the same night, time, and location throughout the season!

| Time | Tuesdays | Wednesdays | Thursdays |
|------|-----------------------------|---------------------------|-----------------------------|
| 5:00 | | G 5/6 - Blaze - Larsen | B 3rd - Sonics - Averett |
| 5:00 | G 4th - Liberty - Longmore | G 5/6 - Fire - Jacobson | B 5th - Wolves - Harris |
| 6:00 | B 4th - Seminoles - Leonard | B 4th - Knights - Worthen | B 6th - Spartans - Bakker |
| 6:00 | G7/9 - Starzz - Wood | G 3rd - Lynx - Stroshine | B 6th - Grizzlies - Fischer |
| 7:00 | G 3rd - Sunbirds - Campbell | B 3rd - Skyhawks - Evans | G 3rd - Red Hawks - Bingham |
| 7:00 | G4 - Cougars - Wood | B 5th - Hoyas - Hurst | G 5/6 - Phoenix - White |
| 8:00 | | | B 5th - Longhorns - Bunnell |
| 8:00 | B 6th Bulls - Hansen | | B 6th - Chargers - Johnson |

Practices will not be held on the following dates:

Basket Height

3rd Boys & Girls - 8 ft
4th Boys & Girls - 9 ft
5th Grade & up - 10 ft

Practice Conflict

Jan 13th Blaze and Fire need to move to 8pm
Jan 14th no practice

Youth Basketball Practice - Park Elementary

90 North 600 East

There will be no practice during the Christmas Holidays from Dec. 17 - January 3
 Teams will practice on the same night, time, and location throughout the season!

| Time | * Tuesdays | Wednesdays | Thursdays |
|------|--|------------------------------------|--|
| 5:00 | Little Hoopsters Program Starts Tuesday, January 25th | G 3rd - Mercury - Olsen | Little Hoopsters Program Starts Tuesday, January 25th |
| 5:00 | | B 4th - Spartans - Stream | |
| 6:00 | | B 4th - Hawks - Bills | |
| 6:00 | | B 3rd - Tar Heels - C. Christensen | |
| 7:00 | | G 5/6 - Miracle - C. Christensen | |
| 7:00 | | B 6th - Hornets - Whitaker | |
| 8:00 | | | |
| 8:00 | | | |

Practices will not be held on the following dates:

Basket Height

3rd Boys & Girls - 8 ft

4th Boys & Girls - 9 ft

5th Grade & up - 10 ft

Youth Basketball Practice - Rees Elementary

574 N. Rees Ave.

There will be no practice during the Christmas Holidays from Dec. 17 - January 3
 Teams will practice on the same night, time, and location throughout the season!

| Time | Tuesdays | Wednesdays | Thursdays |
|------|--|----------------------------|--|
| 5:00 | Little Hoopsters Program Starts Tuesday, January 25th | B 4th - Cyclones - McCloud | Little Hoopsters Program Starts Tuesday, January 25th |
| 5:00 | | B 6th - Cavaliers - Larsen | |
| 6:00 | | B 3rd - Wolfpack - Larson | |
| 6:00 | | G 4th - Mercury - George | |
| 7:00 | | B 3rd - Heat - Peirce | |
| 7:00 | | G 3rd - Liberty - Trudeau | |
| 8:00 | | | |
| 8:00 | | | |

Practices will not be held on the following dates:

Basketball Height

3rd Boys & Girls - 8 ft

4th Boys & Girls - 9 ft

5th Grade & up - 10 ft

Youth Basketball Practice - Riverview Elementary

628 S. West Park Dr.

There will be no practice during the Christmas Holidays from Dec. 18 - January 3
 Teams will practice on the same night, time, and location throughout the season!

| Time | Tuesdays | Wednesdays | Thursdays |
|------|--|------------------------------|--|
| 5:00 | Little Hoopsters Program Starts Tuesday, January 25th | G 4th - Sunbirds - Haroldsen | Little Hoopsters Program Starts Tuesday, January 25th |
| 5:00 | | B 3rd - Mavericks - Roach | |
| 6:00 | | G3 Phoenix- L. Olsen | |
| 6:00 | | G4 Red Hawks- J. Mortensen | |
| 7:00 | | B 7th - Warriors - Cox | |
| 7:00 | | G 7/8 - T-Birds - Cox | |
| 8:00 | | | |
| 8:00 | | | |

Practices will not be held on the following dates:

Basket Height

- 3rd Boys & Girls - 8 ft
- 4th Boys & Girls - 9 ft
- 5th Grade & up - 10 ft

Youth Basketball Practice - Sierra Bonita Elementary

53 S. 1800 E.

There will be no practice during the Christmas Holidays from Dec. 17 - January 3
Teams will practice on the same night, time, and location throughout the season!

| Time | Tuesdays | Wednesdays | Thursdays |
|-------------|--------------------------------|---------------------------|------------------------------|
| 5:00 | B 3rd - Bulls - Carlson | B 4th - Admirals - Nelson | B 3rd - Nets - Beachum |
| 5:00 | B 3rd - T-Birds - Kramer | B 4th - Falcons - Deaver | B 5th - Eagles - Luke |
| 6:00 | B 3rd - Bulldogs - Christensen | 3rd - Blazers - King | G4 Phoenix-Hunter |
| 6:00 | B 4th - Bombers - Eastman | B 3rd - Wildcats - Jewkes | B5 Sun Devils-Chinen |
| 7:00 | B 4th - Aggies - Huntsman | | 7/8 G Storm-Chinen |
| 7:00 | G 3rd - Comets - Leary | G 3rd - Cougars - Brandon | G4 Lynx- D. Smith |
| 8:00 | B 6th - Jayhawks - Davis | B 6th - Flash - Carter | B 5th - Terrapins - Grimshaw |
| 8:00 | | B 6th - Heat - Montgomery | B6 Blazers-D. Smith |

Practices will not be held on the following dates:

Basket Height

3rd Boys & Girls - 8 ft

4th Boys & Girls - 9 ft

5th Grade & up - 10 ft

Youth Basketball Practice - Spanish Oaks Elementary

2701 East Canyon Crest Drive

There will be no practice during the Christmas Holidays from Dec. 17 - January 3
 Teams will practice on the same night, time, and location throughout the season!

| Time | Tuesdays | Wednesdays | Thursdays |
|------|------------------------------|------------|----------------------------|
| 5:00 | | | |
| 5:00 | B 4th - Panthers - Newman | | B 4th - Warriors - Kunzler |
| 6:00 | G 5/6 - Comets - Hunt | | B 6th - Rockets - Alletto |
| 6:00 | B 6th - Nuggets - Migliaccio | | G 4th - Pacers - Kunzler |
| 7:00 | G 5/6 - Lightning - Giles | | G 3rd - Thunder - Stumpe |
| 7:00 | B 6th - Lakers - Berry | | B 4th - Spurs - McDaniel |
| 8:00 | | | |
| 8:00 | | | |

Practices will not be held on the following dates:

Basket Height

- 3rd Boys & Girls - 8 ft
- 4th Boys & Girls - 9 ft
- 5th Grade & up - 10 ft

No Practice Thursday, Jan. 13th (SEP's)

Youth Basketball Practice - Spanish Fork Jr. High

600 S. 820 E.

There will be no practice during the Christmas Holidays from Dec. 17 - January 3
Teams will practice on the same night, time, and location throughout the season!

| Time | | Tuesdays | Wednesdays | Thursdays |
|------|---|------------------------------|--------------------------------|---------------------------------|
| 6:00 | N | B 7th - Wizards - Johnson | B 8th - Bruins - Bluth | B 7th - Wizards - Johnson |
| 6:00 | N | B 3rd - Clippers - Barney | B 8th - Tar Heels - Mitchell | B 7th - Thunder - Koskie |
| 6:00 | S | B 3rd - Gators - McCuistion | Girls 7/8 - Sparks - Haroldsen | B 8th - Nets - Langford |
| 6:00 | S | G 7/8 - Liberty - Herbert | | B 6th - Cougars - Stewart |
| 7:00 | N | B 7th - Bullets - Barney | | B 7th - Lobos - Johnson |
| 7:00 | N | B 7th - Buckeyes - Muirbrook | B 7th - Spurs - Abbatiello | B5th - Hawks - Bingham |
| 7:00 | S | B 8th - Jazz - McCuistion | B 7th - Nets - Zaugg | B 7th - Huskies - Warren |
| 7:00 | S | B 8th - Knicks - Herbert | B 8th - Spurs - Geddes | G 5/6 Sting-C. Olsen |
| 8:00 | N | x | B 8th - Rebels - Ellsworth | B 8th - Heat - Bingham |
| 8:00 | N | G 7/8 - Mystics - Moore | B 8th - Hoosiers - Abbatiello | |
| 8:00 | S | | | B 8th - Golden Eagles - L Olsen |
| 8:00 | S | | | B 7th - Celtics - C. Olsen |