



# Spanish Fork City Water Park

## Cryptosporidium and other Recreation Water Illnesses

Crypto is a parasite that can affect humans, causing severe diarrhea, among other symptoms, and is one of many water borne illnesses that pools fight to kill every year. While all water borne illnesses exist in natural waters, they can be intensified in public swimming pools or water parks due to the high numbers of swimmers. The threat of a crypto outbreak always exists and the Spanish Fork Water Park wishes to inform all swimmers of what the park is doing to keep the water clean.



### What the Pool is Doing

Spanish Fork Water Park uses a three-tiered approach to water safety and filtration:

- Ultra-Violet Light Filter
- Chlorine
- Patron Education

### What You Can Do

Crypto and other germs do not grow in the water; in fact, most germs or parasites in water slowly die. However, they get into the water from swimmers and can easily be picked up by other swimmers. The CDC (Center for Disease Control & Prevention) has issued “**6 Plea’s**” for public swimmers and safe swimming.

1. **Please don’t swim when you have diarrhea.** You can spread germs in the water and make other people sick. This is especially important for kids in diapers.
2. **Please don’t swallow the pool water.** In fact, avoid getting water in your mouth.
3. **Please practice good hygiene.** Take a shower before swimming and wash your hands after using the toilet or changing diapers. Germs on your body end up in the water.
4. **Please take your kids on bathroom breaks or check diapers often.** Waiting to hear “I have to go” may mean that it’s too late.
5. **Please change diapers in a bathroom or a diaper-changing area and not at pool side.** Germs can spread to surfaces and objects in and around the pool and cause illness.
6. **Please wash your child thoroughly (especially the rear end) with soap and water before swimming.** Everyone has invisible amount of fecal matter on their bottoms that ends up in the pool.

### Children 3 Years of Age and Younger

Infants must wear swimsuits if in the pool. The County Health Dept. requires that SWIM DIAPERS AND WATER-PROOF (plastic pants) are BOTH REQUIRED Swimwear for children 3 and under regardless of whether or not they are toilet trained. Swim diapers & plastic pants are available at most stores that sell diapers. Both Swim Diapers (\$1.00 ea.) and Reusable Waterproof plastic Pants (\$7.00 ea.) – heavier than what you can normally purchase – can both be purchased at the Water Park Office.

