



Senior Citizen News

167 West Center Street
Spanish Fork, UT 84660
801-798-5015



February 2017

Come join us for meals, classes, crafts and games

Time Activity

Monday

9 AM	Oil Painting
9 AM	Tia Chi
9 AM-3:30 PM	Billiards
11 --11:40 AM	Sit Down Exercises
11:40 AM-1:00 PM	Music/Entertainment
12 Noon	Dinner
1:30-2:30 PM	Games/Line Dancing

Tuesday

9 AM – 3:30 PM	Billiards
8:30 AM – 3:30 PM	Ceramics

Wednesday

10 AM	Crafts
9 AM	Tai Chi
9 AM – 3:30 PM	Billiards

Thursday

9 AM – 3:30 PM	Billiards
11- 11:40 AM	Sit Down Exercises
11:40 AM-1:00 PM	Music/Entertainment
12 Noon	Dinner
1:30	Games

Friday-Closed

Membership Dinner: First Friday of each month: March 3, 2017 12:00 Noon

Special Events

Board Meeting	2 nd Wednesday
Valentine Dinner-Dance	February 10
President's Day	February 20 
Honor Shining Stars	February 27

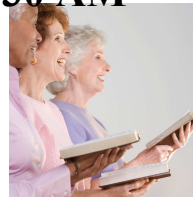


President's day is a federal holiday held on the third Monday of February. The day honors presidents of the United States including George Washington, the USA's first president.

**Come join the choir! We need you!
Practice every Thursday at 9:30 AM**

Chorister: Stevie Boone

Accompanist: Mary Webster



Wendover Trip Wed., Feb. 15th

Scera Cinema Classics for February

Tues. 10:00 am, Scera Center in Orem

The Rounders	Feb 7
Young at Heart	Feb 14
The Poseidon Adventure	Feb 21
Captains Courageous	Feb 28



*Be careful as you walk and drive.
Have a safe winter.*

Spanish Fork Senior Center Board Members

Council Member-----Chad Argyle
Secretary-----Roy Anderson
Recreation-----Mary Lou Brandon
Membership_____ Kay Poulsen
Marie Spencer

Wendover trips-----Jan Carlisle

Membership Dinner &

Board Member-----Jay Rindlisbacher

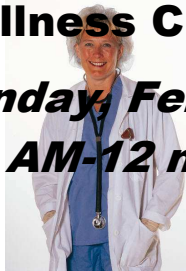
Board Member-----Ron Lisonbee

A big thank you to all our volunteers and board members who help make the Sr. Center a wonderful place to come. You are appreciated!

UVU Student Nursing

Wellness Clinic

Monday, Feb. 27
10 AM-12 noon



Sweetheart valentine

Dinner Dance

Friday, February 10, 2017

\$10 each

Saw Mill River Band, door prizes, delicious dinner, socializing, a sweetheart couple will be chosen.

On February 27th we will be honoring 5 more of our wonderful volunteers

as Shining Stars. Come help us celebrate their contributions!

**Get your Taxes done free
Tuesdays beginning
February 7th**

Check the sign-up sheet.



So much in life depends on our attitude. The way we choose to see things and respond to others makes all the difference. To do the best we can and then to choose to be happy about our circumstances, whatever they may be, can bring peace and contentment.

The Spanish Fork Senior Center will be getting a new and bigger newsletter later this spring. We will need help putting it together so if you are interested, please let Beverly, Verna Jo or Dixie know.

During February, we encourage everyone to be an example of surrounding others with people who care by doing random acts of kindness!

The Sr. Center will be closed for Presidents Day, Monday, Feb. 20th

For suggestions/changes to the Newsletter, please contact Beverly Schofield (208) 313-9473

