



# Senior Citizen News

167 West Center Street  
 Spanish Fork, UT 84660  
 801-798-5015



## January 2017

*Come join us for meals, classes, crafts and games*

Time Activity

### Monday

9 AM	Oil Painting
9 AM	Tai Chi
9 AM-3:30 PM	Billiards
11 - 11:40 AM	Sit Down Exercises
11:40 AM-1:00 PM	Music/Entertainment
12 Noon	SRS over 60 Dinner
1:30-2:30 PM	Games/Line Dancing

### Tuesday

9 AM – 3:30 PM	Billiards
8:30 AM– 3:30 PM	Ceramics
10 AM	Bingo 1st Tues.

### Wednesday

9 AM	Tai Chi
10 AM	Crafts
9 AM – 3:30 PM	Billiards
1:00 PM 4th Wed.	Leisure Lunch Ladies

### Thursday

9 AM – 3:30 PM	Billiards
11 - 11:40 AM	Sit Down Exercises
11:40 AM-1:00 PM	Music/Entertainment
12 Noon	SRS over 60 Lunch
1:30-2:30 PM	Games/Line Dancing

### Friday-Closed

**Membership Dinner: First Friday of each month: February 3, 2017 12:00 Noon**

### Special Events

New Years Day	January 1
Board Meeting	2 <sup>nd</sup> Wednesday
Martin Luther King Day	January 16
Pajama Comfy Day	January 23

**All are invited to join the choir in practicing Thursdays at 9:30 AM**

**Directed by: Stevie Boone**

**Accompanied by: Mary Webster**



**Scera Cinema Classics for January  
 Tues. 10:00 am, Scera Center in Orem**



Can;t Help Singing	January 3
Sergeant York	January 10
Rudy	January 17
Houseboat	January 24
You're in the Navy Now	January 31



*It is icy and cold outside. Please take extra care and don't fall and get injured.*

## Spanish Fork Senior Center Board Members

Council Member-----Chad Argyle  
 Secretary-----Clea Aust  
 Recreation-----Mary Lou Brandon  
 Membership \_\_\_\_\_ Kay Poulsen  
   Marie Spencer  
 Building-----Roy Anderson  
 Finance-----Jan Carlisle  
 Membership Dinner-----  
 Board Member-----Ron Lisonbee  
 Board Member-----Jay Rindlisbacher

**Thanks to all those who serve on the board and all the volunteers for the many hours they put in to make the Senior Center a wonderful success and a fun place to come.**

**Timpanogos Hearing and Balance Monday, January 11th  
11:30 am**

**Harmony Home Health Wellness Clinic**

**Thursday, January 28th 10:30 am**

**Coming soon . . . .**

**Congratulations to our Senior Citizen of the Year??**

# Winter

The coldest season of the year, between autumn and spring, astronomically from the December solstice to the March equinox in the northern hemisphere and at the opposite time of year in the southern hemisphere.



## TOURS

**Eileen Gull & LaVaun Story**

**Look at all these fun activities!**

Gold Standard Jazz	February 13
Jazz Dixieland Band	February 24
Andrew Brothers	March 12
Living Legends	March 24
Saturday's Warrior	April 23



*Sweetheart Dinner Dance*

*February 12th 6:00 pm*

*with the Saw Mill River Band*

*Come and enjoy a great night!*

For additions/changes to the Newsletter, please contact Beverly Schofield at (208) 313-9473