



Senior Citizen News

167 West Center Street
 Spanish Fork, UT 84660
 801-798-5015



November 2016

Come join us for meals, classes, crafts and games

Time	Monday	Activity
9 AM		Oil Painting
9 AM		Tai Chi
9 AM-3:30 PM		Billiards
10:45-11:30 AM		Sit Down Exercises
11:40 AM-1:00 PM		Music/Entertainment
12 Noon		SRS over 60 Dinner
1:30-2:30 PM		Games/Line Dancing

Tuesday

9 AM – 3:30 PM	Billiards
8:30 AM – 3:30 PM	Ceramics
10:00 AM	Bingo 1st Tues.
11:30 AM	Bunco 2nd Tues.

Wednesday

9 AM	Tai Chi
10 AM	Crafts
9 AM – 3:30 PM	Billiards
10:00 AM	Temple Trip
1:00 PM 4th Wed.	Leisure Lunch Ladies

Thursday

9 AM – 3:30 PM	Billiards
10:45-11:30 AM	Sit Down Exercises
11:40 AM-1:00 PM	Music/Entertainment
12 Noon	SRS over 60 Lunch
1:30-2:30 PM	Games/Line Dancing

Friday-Closed

Membership Dinner is the first Friday of each month: December 2, 2016 12:00 pm

Special Events

Daylight Saving Ends	Nov. 6
Election Day	Nov. 8
Board Meeting	2 nd Wednesday
Veteran's Day	Nov. 11
Mini Thanksgiving Meal	Nov. 17
Thanksgiving	Nov. 24

Come join the choir! Practice is every Thursday at 9:30 am.

Directed by: Stevie Boone

Accompanied by: Mary Webster

TOURS



Wendover	Nov.16
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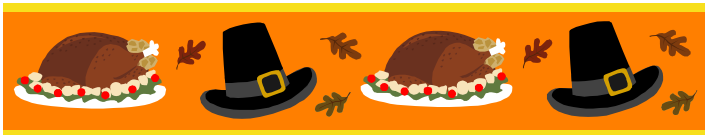
Scera Cinema Classics Tues. 10:00 am

Scera Center in Orem

That Touch of Mink	Nov. 1
Secondhand Lions	Nov. 8
Somewhere In Time	Nov. 15
The Far Country	Nov. 22



The Sr. Center will be closed Nov. 18 and reopen Nov. 28.



Thanksgiving Day: A holiday celebrated in the U. S. on the 4th Thursday in November since 1863. The first Thanksgiving was celebrated in 1621 attended by 53 Pilgrims and 90 Indians and lasted 3 days. The New England colonists were accustomed to regularly celebrating "thanksgivings" (days of prayer) thanking God for their blessings.



Thanks to all who have shared their gardens and produce with us the past few months!

**Spanish Fork Senior Center
Board Members**

- Council Member-----Chad Argyle
- Secretary-----Clea Aust
- Recreation-----Mary Lou Brandon
- Membership_____ Kay Poulsen
Marie Spencer
- Building-----Roy Lundell
- Membership Dinner-----Shirley Oberg
- Board Member-----Ron Lisonbee
- Board Member-----Jay Rindlisbacher

Thanks to those who take the time to serve on the board and all those that volunteer to make the Sr. Citizen Center such a wonderful place to come.

Remember to watch your step and not fall. Wash your hands often, too.

Representatives from Mountain Land will be here on November 7 from 10:30 - 11:45 am to talk about Open Enrollment.

Veterans Day: A holiday to honor all who have served in the United States Military Services. It is observed on the 11th of November each year.



We will be honoring our Veterans with a program on Thursday, November 10th.



**Outlets at Traverse Mountain & Ikea
Friday, November 18 from 9-3.**

Looking Ahead

*Dicken's Christmas Festival
Saturday, Dec. 10*

Bar J Wranglers at UVU
Wednesday, Dec. 14

**Plan now for our
Christmas Dinner**



**Friday, December 9th
6:00 PM**

*For additions/changes to the Newsletter,
please contact Beverly Schofield at*

(208) 313-9473