



Senior Citizen News

167 West Center Street
Spanish Fork, UT 84660
801-798-5015



October 2016

Come join us for meals, classes, crafts and games

Time	Monday	Activity
9 AM		Oil Painting
9 AM-3:30 PM		Billiards
10:45-11:30 AM		Sit Down Exercises
11:40 AM-1:00 PM		Music/Entertainment
12 Noon		SRS over 60 Dinner
1:30-2:30 PM		Games/Line Dancing

Tuesday

9 AM – 3:30 PM		Billiards
8:30 AM–3:30 PM		Ceramics
10:00 AM		Bingo 1, 2, 3 & 4
11:30 AM		Bunco 2nd Tues

Wednesday

10 AM		Crafts
9 AM – 3:30 PM		Billiards
10:00 AM		Temple Trip
1:00 PM 4th		Leisure Lunch Ladies

Thursday

9 AM – 3:30 PM		Billiards
10:45-11:30 AM		Sit Down Exercises
11:40 AM-1:00 PM		Music/Entertainment
12 Noon		SRS over 60 Lunch
1:30-2:30 PM		Games/Line Dancing

Friday-Closed

Membership Dinner is the first Friday of each month: November 4, 2016 12:00 pm



Special Events

Board Meeting	2 nd Wednesday
Harvest Dinner Dance	Oct., 14
Halloween	Oct. 31
Daylight Savings Ends	Nov. 6

Come join the choir! Practice is every Thursday at 9:30 am.

Directed by: Stevie Boone

Accompanied by: Mary Webster

TOURS

Wendover	Oct 19
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Scera Cinema Classics

Tues. 10:00 am

Scera Center in Orem

Devil's Brigade	Oct. 4
Those Magnificent Men In Their Flying Machines	Oct. 11
Rio Bravo	Oct. 18
Hunchback of Notre Dame	Oct. 25

Come to the Harvest Dinner Dance

Friday, Oct. 14th 6:00 pm

North Park Pavilion

Please bring your own utensils!



It's Autumn!

Let's remember to watch our step in this wetter, colder weather and not have any falls. Be careful!

Spanish Fork Senior Center Board Members

- Council Member-----Chad Argyle
- Secretary-----Clea Aust
- Recreation----- Mary Lou Brandon
- Membership_____ Kay Poulsen
Marie Spencer
- Building-----Roy Lundell
- Finance-----Bonnie Davis
- Membership Dinner-----Shirley Oberg
- Board Member-----Ron Lisonbee
- Board Member-----Jay Rindlisbacher

We appreciate those who take the time to serve on the board and all those that volunteer to make the Sr. Citizen Center such a wonderful place to come and mingle with friends.

We would like to thank the following healthcare agencies:

- One Care-Teresa Cain 669-0112
- Harmony Health-Dennis 830-0945
- A Plus-Kathy 687-2139
- Humana-Jeni 462-1813

Thanks to all who share their gardens and produce with the rest of us!



Flu Shots October 13, 1:30-3:30
Heat Assistance October 20, 9-3



Halloween: a blending of the celebrations marking the end of the growing season, a heralding of the coming of the winter months and folk traditions that told of the day when the veil between the living and the dead would lift and ghosts and ghouls would walk among the living. From those many traditions, coming to us from the Celts, the Roman rituals and even Catholic tradition, we get the stirrings of what would eventually become Halloween.

Scera Theater Dinner & Concert - Sat.

Oct. 22nd

Chris Collins

singing John Denver selections

Cowboy Poetry

October 28th

See our corner of Fun boards to sign up for Outlet Mall shopping trips.

Tai Chi - Mon. & Wed. 9 AM

For additions/changes to the Newsletter, please contact Beverly Schofield at

(208) 313-9473