



Senior Citizen News

167 West Center Street
 Spanish Fork, UT 84660
 801-798-5015



October 2015

Come join us for meals, classes, crafts and games

Time	Monday	Activity
9 AM		Oil Painting
9 AM-4 PM		Billiards
10:30-11:30 AM		Sit Down Exercises
11:40 AM-1:00 PM		Music/Entertainment
12 Noon		SRS over 60 Dinner
1:30-2:30 PM		Games
1:30-2:30 PM		Line Dancing
Tuesday		
9 AM – 4 PM		Billiards
10 AM – 4 PM		Ceramics
Wednesday		
10 AM		Crafts
9 AM – 4 PM		Billiards
10:00 AM		Temple Trip
1 PM		Bunco
Thursday		
9 AM – 4 PM		Billiards
10:30-11:30 AM		Sit Down Exercises
11:40 AM-1:00 PM		Music/Entertainment
12 Noon		SRS over 60 Lunch
1 PM		Games
1:30-2:30 PM		Line Dancing

Friday-Closed

Membership Dinner is the first Friday of each month: November 6, 2014 12:00 pm



Special Events

Board Meeting	2 nd Wednesday
Chili Party	Oct. 23
Halloween	Oct. 31
Daylight Savings Ends	Nov. 1



Come join the choir! Practice is every Thursday at 9:30 am.

Directed by: Stevie Boone

Accompanied by: Mary Webster

TOURS

Wendover	Oct 21
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Scera Cinema Classics

Tues. 10:00 am

Scera Center in Orem

The War Wagon	Oct.6
Roman Holiday	Oct. 13
Father Goose	Oct. 20
Evil Under The Sun	Oct. 27



Come to the Chili Party
 Friday, Oct. 23rd 6:00 pm

Come have fun!!!



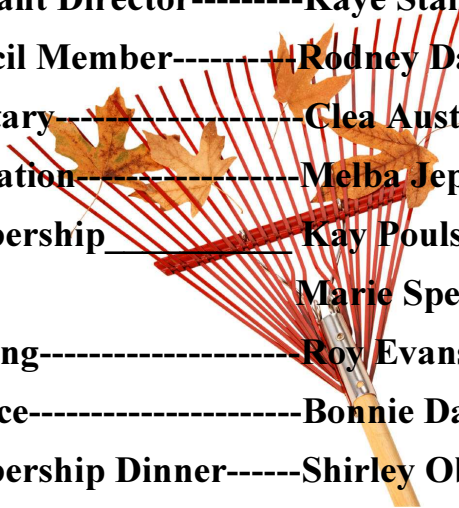
It's Autumn!



It is going to be getting cooler and the storms are just beginning. Let's remember to watch our step in this wetter, colder weather and not have any falls. Be careful!

Spanish Fork Senior Center Board Members

- Director-----Joyce Webb
- Assistant Director-----Kaye Stallings
- Council Member-----Rodney Dart
- Secretary-----Clea Aust
- Recreation-----Melba Jeppson
- Membership-----Kay Poulsen
- Marie Spencer
- Building-----Roy Evans
- Finance-----Bonnie Davis
- Membership Dinner-----Shirley Oberg
- Board Member-----Ron Lisonbee
- Board Member-----Jay Rindlisbacher



We appreciate those who take the time to serve on the board and all those that volunteer to make the Sr. Citizen Center such a wonderful place to come and mingle with friends.

Don't forget that we have a library in the lounge! There are lots of books to read. Choose what you want and read it. No checkout! The library also accepts donations of paperback books.



Thanks to all who share their gardens and produce with the rest of us!

Flu Shots October 8, 1:30-3:30
Heat Assistance October 15, 10-3



Halloween: a blending of the celebrations marking the end of the growing season, a heralding of the coming of the winter months and folk traditions that told of the day when the veil between the living and the dead would lift and ghosts and ghouls would walk among the living. From those many traditions, coming to us from the Celts, the Roman rituals and even Catholic tradition, we get the stirrings of what would eventually become Halloween.

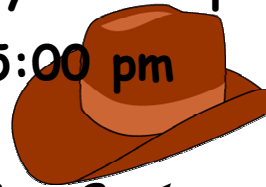


Q: Why didn't the skeleton dance at the party?

A: He had no body to dance with.

Heber Valley Cowboy Roundup

Sat. Oct. 24th 5:00 pm



Swimming in Provo Rec. Center

7:00-9:30 am \$1

For additions/changes to the Newsletter, please contact Beverly Schofield at (208) 313-9473