



2021 MEN'S FLAG FOOTBALL

Lower Division

	Team Name	Contact	Phone		Team Name	Contact	Phone
1	The Goats	Devan Judd	385-345-5509	4	Mobb Deep	Cameron Jensen	435-730-6562
2	Wasted Talent	Sam Reynoso	830-4984	5	Mud Dawgs	Zach Vanpelt	385-201-4961
3	Death Stars	Branden Thomas	400-1066	6	The A Team	Kyler Adams	473-2056

Revised 9/17/21

****Use the number in front of your team name to determine your game time.****

League governed by SF Rules & High School Federation Rules

All players will abide by the player **code of conduct**. Players who choose to violate this code will be held subject to the penalties and suspensions that result from their actions. Players who choose to fight will be dismissed from the league and not welcomed back in the future. Taunting is a 15 yard penalty and a player warning. A second taunting penalty in a game by the same player will result in an ejection. Players are not allowed to yell at officials. Such actions will result in a 15 yard penalty. Team Captains are the only players allowed to talk to the game officials. Physical contact with an official will result in a lifetime ban from Spanish Fork Recreation Athletics.

Game Set-up. Games will consist of two twenty minute halves. Game time will be kept by one of two game officials on the field. The playing field is divided into four equal zones with a first down separating each zone. The offensive team will have four downs to move across each first down line. The game shall be played by a seven man team on the playing field. A team must have five players present and eligible in order to start play or continue play in a game. Each team will select a team captain to meet with the officials prior to the game. Pre-game will include ball position choice as well as starting direction for play. This team captain will speak for his team in all dealings with the officials. A captain's first choice on penalty options will stand.

Game time will run without stopping for the first 20 minutes of each half. Officials may stop the clock on injuries or if the ball ends up a great distance from the field. Team timeouts will stop the clock at any time during the 20 minute half. Each team will have two timeouts per half. Clock stops the last two minutes of each half on incomplete passes and the last two minutes of the game on first downs. The clock will restart upon the snap of the ball when play resumes. Time outs will last 90 seconds or less. Half time will be three minutes. Over time will not be timed. Each team will have four plays from the twenty to score. Each game will result with a winner and a loser. Multiple O.T.'s maybe needed.

Equipment. All players must have matching team shirts or jerseys. Jerseys or T-shirts must be tucked as to not interfere with flags. Players may wear turf shoes, running shoes or cleats. Cleats maybe football, baseball or soccer style. No metal cleats (baseball). Rugby steel tips are legal. All players must be ready for play when entering the playing field. Players with shirts untucked or without flags will be sent off the playing field.

Offensive line of scrimmage. Three players must be on the line of scrimmage, these players may line up anywhere. Center and two Guards, one guard on each side of the Center, no rushing or running between them. All players are eligible receivers.

Fumbles. The ball is dead upon contact with the ground. The fumbling team will retain position of the ball. Punt returns will be the only time the ball may touch a player, hit the ground and still be picked up. No fumble recovery will be allowed on punts.

QB. The quarterback may run with the ball. No time limit to pass, handoff or pitch the ball. Play action is ok. No draw plays. No hide out plays. Only 1 forward pass is allowed behind the line of scrimmage.

Deadline to add players is **September 5th**. If you need to add players get it done. Players must bring photo id to every game. Liars will be punished sooner or later.

Field Location Sports Park Fields 7 & 8 (west side ball fields).....295 West Volunteer Drive

Standings & Schedules can be found at www.spanishfork.org. (Departments, Parks & Rec, Sports & Recreation, Adult Schedules or Standings).

Monday, August 16, 2021	
	Field 7
Time	Teams
6:30	2 v 1
7:30	4 v 5
8:30	3 v 6

Monday, August 23, 2021	
	Field 8
Time	Teams
6:30	3 v 4
7:30	6 v 1
8:30	2 v 5

Monday, August 30, 2021	
	Field 7
Time	Teams
6:30	6 v 4
7:30	2 v 3
8:30	1 v 5

Monday, September 13, 2021	
	Field 8
Time	Teams
6:30	5 v 3
7:30	6 v 2
8:30	4 v 1

Monday, September 20, 2021	
	Field 7
Time	Teams
6:30	4 v 2
7:30	1 v 3
8:30	5 v 6

Monday, September 27, 2021	
	Field 8
Time	Teams
6:30	4 v 5
7:30	1 v 2
8:30	6 v 3

Monday, October 4, 2021	
	Field 7
Time	Teams
6:30	6U v 6L
7:30	5U v 5L
8:30	4U v 4L

Monday, October 4, 2021	
	Field 8
Time	Teams
6:30	1U v 1L
7:30	2U v 2L
8:30	3U v 3L

Rainout information call 804-4622. Updated between 3:30 & 5:30. Also check out our website for updated rainout information at www.spanishfork.org Click on Parks & Recreation, then go to "news" & look for rainout info.