



# SPANISH FORK

PRIDE & PROGRESS

Spanish Fork, UT | 40 South Main Street | (801) 804-4500

**FEBRUARY 2019**

## COMMUNITY CALENDAR

- Feb 5** City Council meeting at 6:00 p.m. Broadcast live on Spanish Fork 17 and YouTube
- Feb 6** Planning Commission meeting at 6:00 p.m.
- Feb 11 & 12** Recycle pick up
- Feb 18** City Offices will be closed in observance of President's Day
- Feb 19** City Council meeting at 6:00 p.m. Broadcast live on Spanish Fork 17 and YouTube
- Feb 25 & 26** Recycle pick up

## RECREATION CALENDAR

- Feb 7** Adult Nebo volleyball tournament deadline
- Feb 7** Spring youth soccer registration ends (ages 5 to 9th grade)
- We are currently registering for the following activities:**
- Baseball and softball (ages 5 through adults)
- Urban fishing (ages 6 to 13)
- Pickleball (youth through adult)

For more information visit [www.spanishfork.org/departments/parks\\_and\\_recreation/sports/](http://www.spanishfork.org/departments/parks_and_recreation/sports/)

Register for youth sports at [reconline.spanishfork.org](http://reconline.spanishfork.org)

## RAP PROGRAM COMMITTEE APPLICATIONS

Spanish Fork City is accepting applications for residents interested in serving on the Spanish Fork RAP Program Committee.

The RAP Program Committee will include 7 voting members (the Chair of the Parks & Recreation Committee, the Chair of the Arts Council, and 5 at-large members who are residents of Spanish Fork City) and 2 non-voting members (an elected official and the Parks & Recreation Director). Committee members will be required to attend multiple meetings throughout the year to determine which RAP funding requests should be recommended to the City Council.

If you are interested in serving on this committee, please fill out the application at [www.spanishfork.org/rap](http://www.spanishfork.org/rap). Applications will be accepted through **Wednesday, February 6**.



## FIESTA DAYS MUTTON BUSTIN' SIGN-UPS

Mutton Bustin' sign-ups will be online at [reconline.spanishfork.org](http://reconline.spanishfork.org) starting on **March 1**. All participants must have an updated and signed Liability Waiver **before** signing up. Spots are limited and are filled on a first-come, first-served basis. The registration fee is \$15, which includes 1 children's ticket to the Fiesta Days Rodeo. Participants must be between the ages of 5 and 7, and must weigh less than 60 lbs. Limited to one night per child. A helmet and other safety gear is strongly encouraged, but are not provided by the City. For more information, call (801) 804-4600.



## HEAT PROGRAM

The Home Energy Assistance Target Program, known as HEAT, is open to applicants through April 30, 2019. This program provides a lump sum benefit to assist individuals and families pay higher energy costs during the winter season. Eligibility and amount of benefit is based on income, household size, and composition. Applications are accepted by appointment, by mail, or online. For more information, call 801-229-3855 or visit [www.mountainland.org/heat](http://www.mountainland.org/heat).

## WHAT IS YOUR DREAM FOR UTAH COUNTY?

Utah County is projected to double in population by 2050 and add approximately one million people by 2065. The implications of this growth for our quality of life—and our future economy—depend on us taking proactive steps to create the future Utah County residents want. With this in mind, the Association of Utah County Chambers, Utah Valley University, and Envision Utah have launched **Valley Visioning**, to bring Utah County leaders and residents together to form a common vision for the future.

Throughout January and February, they will hold a series of public workshops to get feedback and information from community members throughout the county. The workshops will include instant polling questions, interactive mapping activities, and refreshments. Anyone who lives, works, visits, shops, recreates, or attends school in Utah County is invited and highly encouraged attend.

### Spanish Fork Workshop

February 12, 2019 from 6:00 p.m. to 8:00 p.m.  
Spanish Fork High School D Gym



## SENIOR CENTER MEALS

Do you know what the Spanish Fork Senior Center is all about? It is not a care center – it is a place for seniors to stay active, social, and involved. The Senior Center offers a variety of activities, and trips to help accomplish this.

Every Monday and Thursday the Senior Center hosts home-cooked lunches (no membership required). Lunches are \$6 for those under 59; for those over 60, lunches are a suggested donation of \$3. Please call (801) 798-5015 by 1:30 pm Monday to make your reservation.

If you are 55 and older, you can become a member of the Senior Center for \$20 per year. This membership allows you to participate in lots of different activities at the center, plus a great home cooked 'membership meal' on the first Friday of each month.

To learn more about the Senior Center, visit [www.spanishfork.org/seniorcitizencenter](http://www.spanishfork.org/seniorcitizencenter).



## LIBRARY CORNER



Other than the latest and greatest in books, the children's department has many exciting programs to help keep your family entertained this winter! We have a fabulous new class that is being held each Friday at 1:30, 'Happy Bodies! Happy Minds! Feeling Good Inside and Out!' Each week, children will be introduced to a different experience and situation and will learn how to have healthy and happy bodies and minds! Sign-up is not required. Visit [www.spanishfork.org/library](http://www.spanishfork.org/library) for more details.

**Getting Out of the Rut** Tuesday, February 5, 2019 at 6:30 p.m. Join licensed therapist, Megan Rigdon, to learn how you can get out of the rut.

**Saying "Goodbye" to the Internal Bully** Wednesday, February 6, 2019 at 7:00 p.m. Join health educator, Mandi Peck, to learn how you can say goodbye to your internal bully.

**Crochet Circle** Tuesday, February 12, 2019 at 6:30 p.m. Want to learn how to crochet? Do you have a project to work on and want to visit with others? This class is for you!

**Business Ideas Sharing, Networking, and Referrals Night** Tuesday, February 12, 2019 at 6:30 p.m. Remember to bring plenty of business cards to exchange with your new network. You are also welcome to bring samples or souvenirs with your company logo as prizes for the night. If you have any questions, please email Lisa at [lisa61226@gmail.com](mailto:lisa61226@gmail.com).

**Bees 101 Class** Wednesday, February 20, 2019 at 6:30 p.m. Join local bee expert and business owner, Susie Goodspeed, for a fun, free class with bees and sweets you won't forget!

## CONTACT US

Send questions or comments for the Mayor & City Council to:  
Spanish Fork City Attn: Dear Mayor  
40 South Main, Spanish Fork, UT 84660