Electricity and Your Safety

As the weather improves and our winter hibernation ends, those jobs around the outside of the home have piled up and need attention. Before you start that work, take a moment to remember a few simple safety tips and then identify the possible hazards around your home.

Call Before You Dig

Digging into underground power lines can be as dangerous as contacting an overhead power line. Before you dig to plant a tree, install a sprinkler system or build a fence, please call your local utility notification center, commonly known as Blue Stakes to have all your underground utilities marked for free. Simply call 1-800-662-4111 two working days before you dig and all the utilities in your area will be marked.

Look Up!

Whenever you’re working outdoors, please be aware of overhead power lines and keep tools and other objects away from them. Electricity can be deadly if your tree clippers, ladder or other tools come into contact with a power line.

Before pruning tree branches always check for power lines, if a branch is close to a line, call 798-5030 ext. 10 or 25.

Stay Away and Stay Safe

Don’t go anywhere near a downed power line or anything it may be touching. If you see a downed line, call the Electric Department immediately. Do not get out of your car and keep others, including pets, away. Also, if you fly a kite or play with outdoor toys that have the potential to reach a power line, stay away. The risk is too great. Choose another area in which to play. By following the simple safety tips, we hope all enjoy a safe summer.
Indoor Electrical Tips

Spanish Fork Power does everything possible to provide the best power to your home and business. As we strive to do our best, we have a few tips that will help you limit inconveniences in your home.

Outlet and Cords

One common hazard that we create in our home is called the “Electrical Octopus”. This happens anytime you overload an outlet as shown to the left. If you have one of these in your home, get rid of it right away. Also never put an extension cord under a rug or the carpet; the rubbing from the carpet on the cord may cause exposure and fire hazard.

Surge Protectors

To protect your electronic devices from power surges, you can purchase a relatively inexpensive surge protector for multiple devices. These surge protectors are recommended for any high profile electrical device.

Uninterruptible Power Supply (UPS)

A step up from the surge protector is an Uninterruptible Power Source. The UPS can actually be used to run your computer or electrical equipment for quite some time after the power has shut off. The cheapest UPS would give at least 5 to 10 minutes of extended life without power, giving you ample time to properly shut down your equipment. The SFCN headend and all the nodes for the SFCN system throughout town have UPS backup. If we were to lose power, that system would continue to run for a number of hours. IF your computer and modem were connected to a UPS, you would still be able to have Internet during a power outage.

Spanish Fork Parks & Recreation

Spanish Fork Parks and Recreation is thrilled to finally announce On-line registration will be available in August 2005. Customers wishing to use this service must have a current waiver in our system, including an email address.

Further details about registration procedures will be upcoming. AND YES, THIS MEANS THAT SWIMMING REGISTRATION NEXT YEAR WILL BE ON-LINE!

Summer Recreation Activities

Men’s Softball SF Invite

Men’s USSSA “E” classification softball tournament. The team entry fee of $200.00 must be paid by June 1. Teams are guaranteed three games. All games will be played at the Sports Park complex. Register at the Spanish Fork Parks & Recreation.

DON S Summer Baseball Camp

For boys currently in Grades 3-9. The camp runs from June 6 - 10, at the City Ball Park (350 S. 300 W). The emphasis is placed on hitting and fielding. 6th - 9th grades will be from 8:00 to 10:00 am and 3rd - 5th grade from 10:30 to 12:30 noon. The cost for the camp is $20.00 with a T-Shirt available for an additional $6.00.

Cheerleading Clinic

For girls 5 years old to 8th grade. June 13-17, 2005 9:00 am to 10:30 am. Fee is $25.00 which includes a T-Shirt and Pom-Poms. Clinic taught under the direction of the SFHS Cheerleaders and their advisor, Shannon Hales.

A Call For Volunteers

Fiesta Days

Interested in working behind the scenes of the best 4th of July Celebration in the State? The Fiesta Days Committee is looking for volunteers to help with the many events of the week. Volunteers will receive a free Fiesta Days T-shirt. If you are interested, contact the City at 798-5000 ext. 57.

Freedom Festival

America’s Freedom Festival at Provo is seeking volunteers to fill many responsible positions during the Festival. If you are interested in being a Festival volunteer, either individually or as a group, please visit our website at www.freedomfestival.org, or contact Melanie Cropper at 369-1185 for more information.