

# CURPA

## Youth Cross Country - 2023

### Practice & Meet Schedule



#### August:

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Thursday , 17<sup>th</sup> - 5:30 pm - Practice & meeting with Parents - Sports Park West Pavilion

Thursday , 24<sup>th</sup> - 5:30 pm - Practice – Sports Park West Pavilion



**Monday, 28<sup>th</sup> - Intrasquad Meet – 1K** – Sports Park West Pavilion

Thursday , 31<sup>st</sup> - 5:30 pm - Practice – Sports Park West Pavilion

#### September:

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**Monday, 4<sup>th</sup> – No Meets or Practices – LABOR DAY**

Thursday , 7<sup>th</sup> - 5:30 pm - Practice – Sports Park West Pavilion



**Monday, 11<sup>th</sup> – Host Spanish Fork – 2K** – Sports Park Complex

*Salem, Nephi/Mt. Pleasant, Payson/Santaquin, Provo*

(295 W. Volunteer Dr. (950 South), Spanish Fork)

Check-in 5:00/Starts 5:30pm

**Monday, 11<sup>th</sup> Host Pleasant Grove – 2K** – Manila Creek Park (Pond)

*Lehi, Saratoga Springs, Orem, Eagle Mtn.*

(706 W 3300 N, PG, Pleasant Grove)

Check-in 5:00/Starts 5:30pm

Thursday , 14<sup>th</sup> - 5:30 pm - Practice – Sports Park West Pavilion

**Monday, 18<sup>th</sup> – Host Saratoga – 3K** – Neptune Park

*Lehi, Pleasant Grove, Orem, Eagle Mtn.*

(452 W. 400 N., Saratoga Springs)

Check-in 5:00/Starts 5:30pm

## September:

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**Monday, 18th**

**Host Salem – 3K** – Harvest View Sports Park

*Spanish Fork, Nephi/Mt. Pleasant, Payson/Santaquin*

(150 Skyhawk Blvd, Salem)

Check-in 5:00/Starts 5:30pm

**Thursday , 21st - 5:30 pm - Practice – Sports Park West Pavilion**



**Monday, 25<sup>th</sup> – Host Santaquin – 2K** – Location – Harvest View Sports Park

*Salem, Spanish Fork, Nephi/Mt. Pleasant,*

(1270 Summit Ridge Pkwy, Santaquin)

Check-in 5:00/Starts 5:30pm

**Monday, 25<sup>th</sup> – Host Lehi – 2K** – Northlake Park

*Lehi, Orem, Saratoga Springs*

Check-in 5:30/Starts 6:00pm

**Thursday , 28<sup>th</sup> - 5:30 pm - Practice – Sports Park West Pavilion**

## October:

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**Monday, 2<sup>nd</sup> – Host Orem – 4K** – Community Park

*Saratoga Springs, Lehi, Pleasant Grove*

(581 W. 165 S. St., Orem)

Check-in 5:00/Starts 5:30pm



**Monday, 2<sup>nd</sup> – Host Nephi – 4K** – The Hive (Coaches at Region Meet)

(645 E. 700 N., Nephi)

Check-in 5:00/Starts 5:30pm

**Thursday , 5<sup>th</sup> - 5:30 pm - Practice – Sports Park West Pavilion**



**Monday, 9<sup>th</sup> – Invitational - Host Provo – 3K** – Kiwanis Park

*Everyone Attends – Everyone Helps!*

(1019 N. 1100 E., Provo)

Check-in 5:00

Heat #1 Starts 5:30pm

Heat #2 Starts 6:00pm

Heat #3 Starts 6:30pm