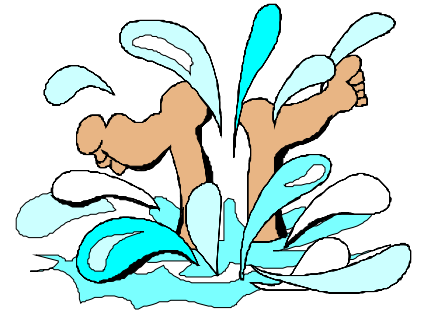


SWIMMING - SUMMER 2011

Weather permitting, the Spanish Fork City Water Park will be open on a limited basis beginning Saturday, May 21 from 1:00 to 6:00 p.m. & weekdays from 3:30 - 6:00 p.m. Admission price from May 21 through May 27 will be \$3.00 per person which includes all Water Park amenities. The pool will also be available for rental on these nights from 6:30-8:00 and from 8:30-10:00 p.m. Check the city web site: spanishfork.org/dept/recreation for updates on any possible earlier opening date (weather & staff permitting).



Spanish Fork City will officially open the COMMUNITY WATER PARK on Saturday, May 28, 2011 at 1:00 p.m. (This will NOT be a \$3.00 day.) Regular summer admission price begins on this day. Facility includes an outdoor pool, 150' water slide, concession stand, splash pad, three sand volleyball courts, small basketball court, and a pavilion for picnics and parties.

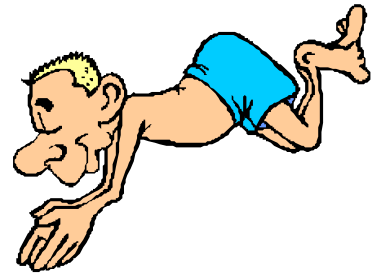
WATER PARK RULES

1. All persons entering Pool Area must pay admission.
2. Swimming is permitted only when an authorized lifeguard is on duty.
3. The lifeguard on duty shall enforce all pool regulations.
4. The lifeguard on duty has the authority to suspend pool privileges if rules are violated.
5. During Open Plunge times, there will be a minimum of one 5 minute break per hour during which the entire pool will be cleared.
6. All accidents, however minor, must be reported to the lifeguard on duty and an accident report must be filed that same day.
7. Absolutely No Children under 8 years of age will be admitted unless they are accompanied in the water by a responsible person 14 years of age or older.
8. Children under 14 years of age are not allowed in deep end of pool unless they can pass a deep water swim test administered by a lifeguard or lifeguard supervisor.
9. A cleansing shower must be taken before entering the pool.
10. No street clothes or shoes are allowed on the deck.
11. No smoking, food, drinks, or glass containers are allowed on the deck or in shower area.
12. Inappropriate swim wear may be disallowed by lifeguards.
13. Infants must wear swimsuits if in the pool. **APPROVED SWIM DIAPERS ARE REQUIRED IF THEY ARE TAKEN IN THE WATER.** Approved Swim diapers may be purchased at the Water Park Office.
14. No band aides or people with open wounds or stitches are allowed in the pool.
15. Flotation devices or toys are allowed only in shallow water. (NOT BEYOND 3 FEET).
16. No running on deck, playing tag, pushing, or shoulder riding is allowed in/around the pool.
17. Sitting or hanging on the rope is prohibited.
18. Playing on ladders is prohibited.
19. Spanish Fork City is not responsible for lost or stolen articles. Locker rental is available. Lock up your valuables. Don't leave them on the deck or in an unlocked locker.
20. PLEASE do not drink the pool water.
21. PLEASE do not swim when you have diarrhea and for 2 weeks after.
22. PLEASE practice good hygiene. Take a cleansing shower before swimming and wash your hands after using the toilet or changing diapers.
23. PLEASE take your kids on bathroom breaks or check diapers often.
24. PLEASE change diapers in a bathroom and not at pool side.
25. PLEASE wash your child thoroughly (especially the rear end) with soap and water before swimming.

Special Note: A "cleansing shower" means the cleaning of the body surfaces with soap and water to remove any matter that may wash off into the pool while swimming including fecal matter, lotion, hair products, make-up and deodorant.

DIVING BOARD RULES

1. One person at a time on the diving board.
2. Dive straight off the end of the boards.
3. No double spring off the boards.
4. Be sure the person in front of you has exited the pool before diving.
5. No hanging from the diving boards.
6. Diving into the pool from the deck is prohibited.



WATER SLIDE RULES

1. Go down the slide in sitting position or on back.
2. No trains.
3. No head first.
4. No **STANDING** or playing in the **SPLASH DOWN** area.
5. Use certified PFD's (personal flotation device) if you can't touch bottom.
6. Wait until the person in front of you is 1/2 way down the slide before you start down.

WATER PARK - GENERAL INFORMATION

Opens - May 21 (weather permitting) - Limited hours: M-F (3:30-6:00), Sat. (1:00-6:00).

The Spanish Fork Water Park will open for the season on Saturday, May 28, 2011 at 1:00 p.m. The pool will be open six days a week, Monday through Saturday.

Public Swimming Hours	Monday through Thursday	1:00 p.m. to 8:00 p.m.
	Friday and Saturday	1:00 p.m. to 6:00 p.m.
	Holidays	1:00 p.m. to 6:00 p.m.
	Monday, June 27, 2011	1:00 p.m. to 6:00 p.m.

Prior to Water Park opening on Saturday, May 28, for information about the Water Park programs, please call Spanish Fork Parks and Recreation at (801) 804-4600. After the Water Park opens for the season, you may call them during public swimming hours at (801) 798-5091. During maintenance time or swim lessons, there is no one in the Water Park office to answer the telephone. All lessons & rentals are handled through Parks & Rec. Office and must be paid for in that office.

ADMISSION:	3 years & under	Free (with *APPROVED swim diaper)
	4 years & up	\$4.00
	Senior Citizen (55 yrs & up)	\$2.00

* Admission price includes all Park Amenities!

* APPROVED Swim Diapers: More information will be posted on the web site and at the Water Park. Approved swim diapers will be available for purchase at the Water Park. (Little swimmers covered with plastic pant.)

Punch Pass Prices: Punch Passes are good for current year only. Expires at close of the 2011 Water Park season. The punch pass is punched one time per person per admission (for 4 years & up), regardless of age. Family passes are not sold for our Water Park. You may use your punch pass for anyone you would like to admit on your pass.

- 25 punch pass - \$ 85.00 (\$3.40 per punch)
- 50 punch pass - \$160.00 (\$3.20 per punch)

Water Park Rental

The Water Park may be rented at the times & rates listed below. The pavilion is included in Water Park rental for 1½ hours prior to swimming, except on the Saturday morning block. The pavilion time will follow swimming during this Saturday morning time block. A \$50.00 (non-refundable) deposit is necessary to secure your reservation, which goes toward your total rental fee. Balance of rental fee is due 30 days prior to reservation. Use of gas grills is an additional \$10.00.

Rental Fees and Times

\$300.00 for up to 150 people plus \$2.00 per person over 150 people for 1½ hours.
 \$600.00 for up to 300 people plus \$2.00 per person over 300 people for 3 hours.

DAYS OF THE WEEK	SWIMMING TIMES	PAVILION TIMES
Monday - Thursday	8:30 p.m. to 10:00 p.m.	7:00 p.m. to 8:30 p.m.
Friday and Saturday	6:30 p.m. to 8:00 p.m.	5:00 p.m. to 6:30 p.m.
Friday and Saturday	8:30 p.m. to 10:00 p.m.	7:00 p.m. to 8:30 p.m.
Saturday Morning	11:00 a.m. to 12:30 p.m.	12:30 p.m. to 2:00 p.m.

Water Park Pavilion Rental

(Available except for Pavilion times listed above)

The pavilion at the Water Park is available for rental for \$50.00 for 1½ hours plus a \$50.00 (refundable) cleaning deposit. Cleaning deposit will be refunded if the rules are followed and the area is cleaned following use. Payment is due at the time of reservation. Use of gas grills is an additional \$10.00 and should be included in the rental fee check. For more information, call the Parks & Recreation Office at (801) 804-4600.



SPECIAL SWIMMING DAYS

Family Night will be Monday nights from 5:00 to 8:00 p.m. Families members (living in same home) admitted for \$15.00 per family.

Four Special Swim Days will be held during the coming season. On these four days only, from 1:00 p.m. to 6:00 p.m., everyone (regardless of age) will be admitted to the pool for \$3.00, includes all park amenities.

- Memorial Day - Monday, May 30, 2011
- Pioneer Day - Monday, July 25, 2011

- Independence Day - Monday, July 4, 2011
- Labor Day - Monday, September 5, 2011

LAP SWIMMING

Lap Swimming will be held Monday - Thursday, 5:00-7:00 p.m. Two lanes will be roped off in the deep end of the pool. The lanes are 25 yards long. No Lap swimming Fridays, Saturdays, or on special holiday swim days. Regular admission price is charged or one punch on a punch pass. Lap swimming will begin Tuesday, May 31, 2011.

WATER AEROBICS

No Water Aerobics classes will be held on Fridays.

Water Aerobics is an effective exercise for all body types and fitness levels. Morning classes will be held on Monday, Tuesday, and Thursday mornings from 8:00-9:00 a.m. Evening classes will be held Tuesday and Thursday evenings from 7:30-8:30 p.m. Evening classes will be held in the deeper end of the pool. You may touch the bottom of the pool and you will always have a piece of buoyant equipment.

Classes are a lot of fun! Come and give it a try! Morning classes will begin Monday, June 6. Evenings classes will begin Tuesday, June 7 (weather permitting). Cost for each class will be \$4.00 or one punch on a pass. For more information, please call the Spanish Fork Water Park at (801) 798-5091.



SPANISH FORK SUMMER SWIM TEAM (UVSSL)

A summer Swim Team is available for boys and girls up to age 18 interested in competitive swimming. Swimmers must be able to swim at least 25 yards in freestyle, 25 yards in backstroke, and have a knowledge of a third racing stroke (breaststroke or butterfly). Due to the popular demand of being on the swim team, spots will be limited for pool space. Swimmers must compete in at least 2 meets to qualify for County Meets. Swimmers will receive group instruction on the four racing strokes (freestyle, backstroke, breaststroke and butterfly), starts and turns. Practices will be held on Monday, Tuesday, Thursday and Friday mornings. Swim team practices will be broken into three separate practices according to skill level. Level 3 at 6:00-7:30 a.m., Level 2 at 7:30-8:30 a.m., Level 1 at 8:30-9:15 a.m. Levels will be assigned by the coaches. Practice will begin on Thursday, June 2 and run through Thursday, July 21. Swimmers that are participating in the County Meets will continue to practice during the week of the county meets.

Swim team try-outs are required for swimmers who have not been on the Swim Team before to make sure they meet the minimum requirement (swimming 25 yards in both freestyle and backstroke and having a knowledge of a third swimming stroke). Try-outs are on Tuesday, May 31 at 7:30 a.m. at the Water Park. The Utah County Swim Meet schedule will be given to Swim Team participants through their swim coaches. Schedule will also be available on the web site at spanishfork.org. Under the department tab, select Parks & Recreation, then Water Park.

The registration fee for Swim Team will be \$90.00. If you register by Friday, June 3, you will receive a \$5.00 discount, making the fee \$85.00. * Non-city residents pay an additional \$10.00 per person non-resident fee. Registration fee INCLUDES the Utah County Swimming Registration Fee which is \$10 and a team T-shirt. Registration begins on May 4. All swim suits for Swim Team must be paid for at the Parks & Recreation Office. Swim suits cannot be purchased online. Boys and girls will not be allowed to practice until fee is paid. Registration may be paid following tryouts if you are not sure if your child can meet minimum requirements. There will be a Parent's Meeting at the Water Park Pavilion on June 1, 2011 from 5:00 p.m. to 6:00 p.m. Parents will receive information about ordering swim suits and caps, County Rules, practice expectations and meet the coaches.

GROUP SWIMMING LESSONS, SESSION SCHEDULE, & REGISTRATION

Four (4) two week sessions of swimming lessons will be taught this summer with ten 30 minute lessons in each session. The students will swim every weekday until the lessons are completed. The registration fee for group swimming will be \$35.00. This fee must be paid at registration. No exceptions! If you register by Thursday, May 5, you will receive a \$5.00 discount, making the fee \$30.00.

* Non-city residents pay additional \$10.00 per person non-resident fee.



Group swimming includes: 4-5 years (approx. 4 per class); 6 years & Up (approx. 5-6 per class); Parent & Me classes; and Diving classes.

SWIM LESSON REGISTRATION - CITY RESIDENTS ONLY

Registration on-line will begin on Wednesday, May 4 at 12:01 midnight, BUT will be limited to Spanish Fork City residents only. You must live within the Spanish Fork City limits in order to register on this day. NO EXCEPTIONS! If you are registering in person, swimming lesson registration on Wednesday, May 4 and Thursday, May 5 will be in Parks & Recreation office located at 775 North Main in Spanish Fork from 8:00 a.m. to 5:00 p.m.

SWIM LESSON - OPEN REGISTRATION

Thursday, May 5 beginning at midnight, registration will be open for anyone. All swimming lessons must be paid for at the time of registration. No telephone registrations will be taken. NO EXCEPTIONS! If you are registering in person, swimming lesson registration on Thursday, May 5 will be in Parks & Recreation office located at 775 North Main in Spanish Fork from 8:00 a.m. to 5:00 p.m. Either registering in person or on-line, you must have a current liability waiver on file at the recreation office.



On-line registration will be available at reconline.spanishfork.org.

Registrations will be taken after May 5 until all sessions are full. Waiting lists will be kept to fill spots for any lessons that come available throughout the season. No lesson registrations will be taken at the pool. If you need to register, call (801) 804-4600 to see if there are still openings.

NO REFUNDS WILL BE GIVEN FOR SWIMMING LESSONS UNLESS WE CAN FILL YOUR SPOT. If your child cannot attend, call as soon as possible so we can try to fill your spot from someone on the waiting list. If we can fill the spot prior to the beginning of the session, you will receive a refund less a \$10.00 processing fee.

AGE REQUIREMENTS FOR SWIMMING LESSONS

Swimming Lesson participants **MUST** be at least four years old at the time of their swimming session. NO EXCEPTIONS! Children under the age of four do not have sufficient motor skill development, attention span and stranger comfort to function in a group swimming lesson with an unfamiliar teacher. Children must be at least four years of age at the time the session they are registering for begins. All children under the age of four may only register for parent and me swimming.

Swimming & Diving Lessons at a Glance:

Sessions & Dates	9:15a to 9:45a	9:45 a to 10:15a	10:15a to 10:45a	11:00a to 11:30a	11:30a to 12 noon	12 noon to 12:30p
PRE-SESSION Begins June 6 Ends June 17		Private Semi-Private	Private Semi-Private	Private Semi-Private Parent & Me	Private Semi-Private Parent & Me	Private Semi-Private Parent & Me
SESSION I Begins June 20 Ends July 1	Private Semi-Private Diving 1	6 yrs & Up	4 & 5 Years Diving 2	6 yrs & Up	4 & 5 Years Parent & Me Diving 1	6 yrs & Up Parent & Me
SESSION II Begins July 11 Ends July 22	Private Semi-Private Diving 1	6 yrs & Up	4 & 5 Years Diving 2	6 yrs & Up	4 & 5 Years Parent & Me Diving 1	6 yrs & Up Parent & Me
SESSION III Begins Aug. 1 Ends Aug. 12	Private Semi-Private Diving 3	6 yrs & Up	4 & 5 Years Diving 2	6 yrs & Up	4 & 5 Years Parent & Me Diving 1	6 yrs & Up Parent & Me
* FALL SESSION AFTERNOON HOURS (during Open Swimming) →					4:00 pm to 4:30 pm	4:30 pm to 5:00 pm
FALL SESSION Begins Aug. 22 Ends Sept. 2					4 & 5 Years	6 Years & Up

* Please note that the FALL SESSION is taught in the after school hours during OPEN PUBLIC SWIMMING. There is adequate room to teach these smaller classes as well as be open for the public, but those signing up for this session should be aware that public patrons will be in the pool at the same time. Class members will be issued a pass so they can gain admission to the pool during their lesson time.



PRIVIAE / SEMI-PRIVATE CLASSES

The fee for a session of private instruction (1 student per one teacher) will be \$75.00/person. The fee for a session of semi-private instruction (2 students per one teacher) will be \$55.00/person. If you register by May 5, you will receive a \$5.00 discount, making the fee \$70.00 for private and \$50.00 for semi-private. * Non-city residents pay additional \$10.00 per person non-resident fees. Sessions consist of ten ½ hour lessons. Sign up for lesson time on May 4 or May 5. See table above for specific times and sessions.

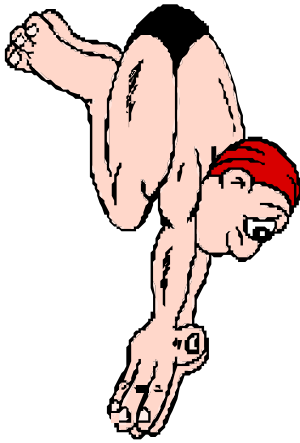


PARENT - CHILD SWIMMING CLASSES

Special classes for parents and young children (under four years of age) will be held during the pre-session and also sessions 1, 2, & 3, (check table above for class times). Parents will be expected to wear swimming suits and get into the water with their children. Approved swim diapers must be worn by all children three years of age and under. (Swim diapers may be purchased at the Water Park Office.) The instructors will teach the parent, and the parent will teach the children. The fee will be \$35.00 for ten lessons. If you register by May 5 you will receive a \$5.00 discount, making the fee \$30.00.



DIVING LESSONS Available During Swimming Sessions 1, 2 & 3



PARENTS: PLEASE MAKE SURE YOU REGISTER YOUR CHILD IN THE PROPER LEVEL!

Diving 1: Swimmers must be able to swim in the deep part of the pool. Swimmers must be able to swim at least 25 yards. Will learn the proper way to dive, one-step diving approach, basic dive positions, straight & swan dive.

Diving 2: Need to know basic diving skills. Will learn the three-step diving approach, front dive in pike and tuck positions, back dive and inward tuck position.

Diving 3: Need to have taken Diving 2. Will learn full somersault (front and back), 1½ somersault front, inward in pike position and reverse.



SCOUT SWIMMING & LIFE SAVING MERIT BADGE CLASSES

Swimming Merit Badge & Life Saving Merit Badge classes will be held this summer. All merit badge classes will require pre-registration. You may register online or at the Parks & Recreation office. Registration fee will be \$15.00 per class [1 week]. Enrollment limited to 10 scouts per class. It will take a minimum of four to five days to complete the Swimming Merit Badge or Life Saving Merit Badge. We require that you pass the Swimming Merit Badge Class before you can take the Life Saving Merit Badge Class. Because of this, you will not be allowed to take both classes in the same week. Sessions of classes will be held:

Merit Badges offered for each session

Session Dates:	9:00 am to 10:00 am	10:00 am to 11:00 am	11:00 am to 12:00 n
May 31 to June 3		Swimming	Life Saving
June 6 to June 10		Swimming	Life Saving
June 13 to June 17		Swimming	Life Saving
June 20 to June 24	Swimming		
June 27 to July 1	Life Saving		
July 5 to July 8		Swimming	Life Saving
July 11 to July 15	Swimming		
July 18 to July 22	Life Saving		
July 26 to July 29		Swimming	Life Saving
August 1 to August 5	Swimming		
August 8 to August 12	Life Saving		

In order to complete the Life Saving Merit Badge, you must have an additional 1 hour of CPR training. This may be done at the Water Park or at Scout Group.

NOTE: In the May 31 - June 3, July 5 - 8 and July 26 - 29 sessions, if an additional day is needed, the session will use the Saturday at the end of the week to finish Merit Badge requirements.

Summer Water Park Hours end on Saturday, August 20, 2011

On Monday, August 22 - Hours will be 1:00-6:00 p.m.

Fall Hours begin on Tuesday, August 23, 2011.

Fall hours: Weekdays, 3:30-6:00 p.m., Saturdays, 1:00-6:00 p.m.

Fall Admission: \$3.00/person includes all amenities.

Senior Citizens (55 & Up) \$2.00

Water Park Rentals are still available during Fall.

WEATHER PERMITTING, the WATER PARK will remain open
through September 10, 2011.