

Spanish Fork Parks and Recreation  
***Legends Wrestling***

TUESDAY	WEDNESDAY	THURSDAY
		<u>JAN. 5</u> Practice: 6:00 - 8:00 SFHS
<u>JAN. 10</u> Practice: 6:00 - 7:30 SFHS	<u>JAN. 11</u> Practice: 6:00 - 7:30 SFHS	<u>JAN. 12</u> Practice: 6:00 - 7:30 SFHS
<u>JAN. 17</u> Practice: 6:00 - 7:30 SFHS	<u>JAN. 18</u> Spanish Fork High School 6:00	<u>JAN. 19</u> Practice: 6:00 - 7:30 SFHS
<u>JAN. 24</u> Practice: 6:00 - 7:30 SFHS	<u>JAN. 25</u> Practice: 6:00 - 7:30 SFHS	<u>JAN. 26</u> <i>Mapleton Jr. High School 6:00</i>
<u>JAN. 31</u> Practice: 6:00 - 7:30 SFHS	<u>FEB. 1</u> Salem Hills High School 6:00	<u>FEB. 2</u> Practice: 6:00 - 7:30 SFHS
<u>FEB. 7</u> Practice: 6:00 - 7:30 SFHS	<u>FEB. 8</u> Spanish Fork High School 6:00	<u>FEB. 9</u> Practice: 6:00 - 7:30 SFHS
<u>FEB. 14</u> Practice: 6:00 - 7:30 SFHS	<u>FEB. 15</u> Salem Hills High School 6:00	<u>FEB. 16</u> Practice: 6:00 - 7:30 SFHS
<u>FEB. 21</u> Practice: 6:00 - 7:30 SFHS	<u>FEB. 22</u> Practice: 6:00 - 7:30 SFHS	<u>FEB. 23</u> Practice: 6:00 - 7:30 SFHS

Match Site:

Mapleton Jr. High School 362 East 1200 North, Mapleton  
 Salem Hills High School 150 N. Skyhawk Blvd, Salem  
 Spanish Fork High School 99 North 300 West, Spanish Fork

Match Information:

Check-in 6:00 - 6:15

Wrestling starts at 6:15

Wrestle till you drop format

If you are traveling, please bring \$1.00 to help cover the cost of refs!

PARENTS/SPECTATORS-Please do not walk on wrestling mats with your street shoes!!!