

**South County Basketball**  
**9<sup>th</sup>-12<sup>th</sup> Girls**  
**2012**

#1	PAYSON MYSTICS.....	PHIL HAROLD	754-0397
#2	SALEM SKYHAWKS.....	TARA DAVIS	423-7996
#3	SPANISH FORK COMETS.....	TODD CHRISTENSEN	885-8705
#4	SPANISH FORK BENCH WARMERS.....	STEVEN HONE	798-6325
#5	SALEM OSPREYS.....	KEN VANAUSDAL	423-2876
#6	PAYSON STORM.....	DARREN BRONSON	658-5117
#7	SPANISH FORK SWISH.....	STACEY STRINGHAM	435-671-0498

**Team listed first will wear white**

GAMES PLAYED AT MT. NEBO JR. HIGH SCHOOL WEST GYM 581 W 450 S PAYSON

DIAMOND FORK JR. HIGH 900 E. CENTER SPANISH FORK.

SALEM HILLS HIGH SCHOOL MAIN GYM WEST 150 N SKYHAWK BLVD SALEM

	<b>SAT 1/7</b>	<b>SAT 1/14</b>	<b>SAT 1/21</b>	<b>SAT 1/28</b>
<b>11:00 AM MT NEBO WEST</b>	MYSTICS VS STORM	STORM VS SWISH	COMETS VS STORM	SWISH VS MYSTICS
<b>4:00 PM DIAMOND FORK</b>	BENCH WARMERS VS COMETS	BENCH WARMERS VS SKYHAWKS	SWISH VS SKYHAWKS	COMETS VS OSPREYS
<b>12:00 PM SALEM HIGH</b>	OSPREYS VS SKYHAWKS	OSPREYS VS MYSTICS	BENCH WARMERS VS OSPREYS	STORM VS SKYHAWKS

	<b>6:00</b>	<b>7:00</b>	<b>8:00</b>	<b>9:00</b>
<b>TUES 1/31 MT NEBO WEST</b>	STORM VS SKYHAWKS	BENCH WARMERS VS SWISH	OSPREYS VS MYSTICS	COMETS VS SWISH

	<b>SAT 2/4</b>	<b>SAT 2/11</b>	<b>SAT 2/18</b>	<b>SAT 2/25</b>
<b>11:00 AM MT NEBO WEST</b>	COMETS VS MYSTICS	STORM VS BENCH WARMERS	BENCH WARMERS VS MYSTICS	MYSTICS VS STORM
<b>4:00 PM DIAMOND FORK</b>	BENCH WARMERS VS SWISH	COMETS VS SWISH	COMETS VS SKYHAWKS	BENCH WARMERS VS COMETS
<b>12:00 PM SALEM HIGH</b>	OSPREYS VS STORM	MYSTICS VS SKYHAWKS	OSPREYS VS SWISH	OSPREYS VS SKYHAWKS

## 9th – 12th Grade Girls League Rules

1. Coaches are expected to balance playing time while working to involve all players in the game.
2. Each player must play at least 16 minutes per game.
3. Any style of defense may be used.
4. Full court press may be used at any point in the game. **However if one team is leading by 10 points or more; they may not press and must wait until the ball movers across half court.**
4. Players not in uniform (jersey provided by the city) will not be allowed to play.
5. Players may not wear any jewelry.
6. Any player that receives a conduct related technical foul the following penalty will be enforced.
  - a) First offense player must sit out for 16 minutes.
  - b) Second offense player must sit out an additional 32 minutes, and will be suspended from league until such player meets with Recreation Director.
7. One on One will be shot on 7<sup>th</sup> team foul, two shots will be given on 10<sup>th</sup> team foul per half. Players will foul out on 5<sup>th</sup> personal foul. Technical fouls will be two shots and the ball.

### Youth Basketball Game Time

Game time will consist of four 8 minute quarters with the clock running straight through for the first seven minutes in quarters 1, 2 and 3. The clock will stop the last minute of quarters 1, 2 and 3 on each violation.

In the 4th quarter, the clock will run straight through the first 6 minutes and stop on each violation the last 2 minutes. Time outs are limited to one minute each. Teams will get two time outs each half.

If the score is tied at the end of regulation time, three minute overtime will be played. If the score is still tied at the end of the overtime, Teams will play sudden death, where the first team to score is the winner.