

The Spanish Fork Arts Council presents

## Cultural Arts Education for Adults

January 24–February 28, 2009 (Every Saturday\* morning 8:00 am-12:00 pm for 6 weeks)

For all adults 18 and older.

**REGISTRATION:** Monday, January 5 through Wednesday, January 21 at the Parks and Recreation office (corner of 800 North & Main Street, 804-4600).

All classes held at Spanish Fork High School.\*\* *Class times subject to change.*

**FINAL SHOWCASE:** Saturday, February 28. *Visual Arts: 1:30-3:30 pm, foyer. Performing Arts: 2:00-3:00 matinee, Little Theatre, Spanish Fork High School*

## Class Descriptions & Instructor Bios

### Creative Writing – Instructor, *Jeff Savage*

**2-hour Class: \$45**

**8:00am–10:00am, Room 5**

You've had a great story idea for years but you never knew what to do with it. Or maybe you've started umpteen novels only to find yourself losing traction after the first ten pages. Whether you want to become the next Mary Higgins Clark or simply want to check off the box on your ten-things-I-want-to-do-before-I-die list, Jeffrey Savage can help you plot, write, and edit a novel that you can be proud of. And if you'd like to try submitting your novel to a publisher or agent, he can help you with that too. This is a six-week class consisting of six two-hour sessions for beginning to intermediate writers. If you have a manuscript you are working on, please feel free to bring that. We will not be reading every manuscript, but we can do some hands on work. If you only have an idea, come with that. Please bring a notebook and plenty of sharp pencils or pens, as we will do a short writing exercise in every class. Students may be selected to read an excerpt from their writing for the Final Showcase on Saturday, February 28 at 2:00 pm.

#### **Instructor Bio**

*Jeffrey S. Savage is the author of four published novels including the Shandra Covington mystery series. He has three new novels coming out in 2008, including the Farworld YA fantasy series with Shadow Mountain. He has taught dozens of writing classes and lectured many groups including the League of Utah Writers 2006 Fall Round-Up. He is currently publishing with Covenant Communications and is represented by the Bookends Literary Agency.*

### Songwriting: Beginning & Intermediate – Instructor, *Steve Boothe*

**1-hour Class: \$25**

**8:30am–9:30am, Choir Room**

Have you ever wanted to write a song? Come and see how easy it is to create a melody line, write lyrics, and create a chord progression. Song writing is fun. If you can write a term paper, you can write lyrics. If you can talk, you can sing. If you want to be a songwriter you can. This course will concentrate on the creative aspects of music writing. It will not cover how to write musical notation or how to play an instrument. Although it is not required that you play a musical instrument, the most successful songwriters do play some kind of instrument. Come and join in the fun! This class will offer instruction for both beginning and intermediate levels. For those at the intermediate level we will take it at a much quicker pace in order to move on to the development of your own original songs and the creative aspects of music writing. Class instruction will be tailored to participant's needs and musical abilities. A greater emphasis will be placed on solidifying melody lines, lyrics, chord progression and accompaniment, and the overall polishing of songs for performance or recording. Some students may be selected to perform what they have composed in the Final Showcase on Saturday, February 28 at 2:00 pm.

#### **Instructor Bio**

*Steven Boothe is one of the owners of Boothe Brothers Music. He enjoys writing and performing songs for friends and family. He started singing and performing when he was a child and still enjoys it today. Steve gives private guitar, voice, and songwriting lessons at Boothe Brothers Music. He loves music—it is a way of life for him. You are invited to come and get involved in music too. It will change your life for the better. Steve says, "Music keeps our family together. We have 5 children, 4 in-law outlaws and 6 grandchildren. All of which are musical. Music is truly a joyous part of living. It gives us an excuse to get together and share time with each other."*

### Folk/Bluegrass Ensemble: Beginning – Instructor, *Heidi Beddoes*

**1-hour Class: \$25; Materials Fee: \$5**

**8:30am–9:30am, Band Room**

Beginning Bluegrass is a fun experience for adults interested in learning to play folk and bluegrass music. Little or no experience is required to participate. We will be learning songs as a group and will perform them in front of a live audience during the Harvest Moon Hurrah. Suggested instruments: Fiddle (Violin), Guitar, Mandolin, Banjo, Bass (guitar or upright). Students must bring their own instrument to classes. Some individual practice time at home will be encouraged. 10 students minimum to hold class; maximum of 25 students. For more information contact Heidi Beddoes: 691-9698. Students will have the opportunity (though it is not required) to perform what they have learned in the Final Showcase on Saturday, February 28 at 2:00 pm.

#### **Instructor Bio**

*Heidi Beddoes has been involved with bluegrass music from an early age. She has been performing for more than 18 years. Heidi has a music minor from BYU where she was involved with the Folk Music Ensemble and was a member of the BYU Folk Dance Tour Band. Heidi teaches mandolin and guitar privately. In addition, Heidi teaches a Folk Music class at Springville High School.*

## **Folk/Bluegrass Ensemble: Intermediate – Instructor, Heidi Beddoes**

**1-hour Class: \$25; Materials Fee: \$5**

**9:30am–10:30am, Band Room**

This is an opportunity for adults with some musical background to become more involved in the folk and bluegrass genre. Students will learn group performance skills and have a live performance during the Harvest Moon Hurrah. Suggested instruments include but are not limited to: Fiddle (Violin), Guitar, Mandolin, Banjo, Bass (guitar or upright). Students must provide their own instrument and be familiar with playing it (i.e. chords and reading music or tab). Individual practice time outside of class will be encouraged. 10 students minimum to hold class; maximum of 25 students. For more information contact Heidi Beddoes: 691-9698. Students will have the opportunity (though it is not required) to perform what they have learned in the Final Showcase on Saturday, February 28 at 2:00 pm.

### **Instructor Bio**

*Heidi Beddoes has been involved with bluegrass music from an early age. She has been performing for more than 18 years. Heidi has a music minor from BYU where she was involved with the Folk Music Ensemble and was a member of the BYU Folk Dance Tour Band. Heidi teaches mandolin and guitar privately. In addition, Heidi teaches a Folk Music class at Springville High School.*

## **Beginning Ballet & Jazz – Instructor, Rachael Dailey Goodwin**

**1-hour Class: \$25**

**8:30am–9:30am, Dance Studio**

This combo class will combine 30 minutes of ballet technique with 30 minutes of jazz technique, also leaving some time to work on learning choreography in each of these genres. This class is for adults of all ages interested learning ballet & jazz for the first time, or for those interested in a refresher of the basics. This class will be a fun challenge for all involved and a great way to start off the new year! Students will have the opportunity (though it is not required) to perform what they have learned in the Final Showcase on Saturday, February 28 at 2:00 pm.

### **Instructor Bio**

*Rachael Dailey Goodwin is a New York City graduate of musical theater and recently understudied the role of Roxie in Ken Alan's production of Chicago, the Musical. She has performed Off-Broadway in New York City, where she was also a member of the dance faculty at the American Musical & Dramatic Academy teaching jazz, tap, hip-hop, ballet, and theater dance. On tour, Rachael has had opportunities to dance for L'OREAL Paris International, the original production of Breakin' Faustus, and the National Tour of Copacabana. She has trained and/or performed with the Joffrey, San Francisco, Pacific Northwest, Christensen Ballet Schools. She has been offered additional scholarship/training opportunities with American Ballet Theater, Huston Ballet Academy, Virginia School of the Arts, the School of American Ballet, and Utah Ballet. Rachael has performed in several other venues and has over twelve years teaching experience in varied dance genres. She is currently the Ballet Mistress at Classical Ballet Academy in Provo, and the Director of Ballet for Expressions Dance Studio.*

## **Folk/Cultural Dance – Instructor, Lyndsey Willis Wulfenstein**

**1-hour Class: \$25**

**10:00am–11:00am, Dance Studio**

Students (individuals or couples) will learn a little bit about each of the 4 cultures being presented and how the dance form reflects that culture. Specific dances from each of the countries will be taught. The dances are listed below. Students will have the opportunity (though it is not required) to perform what they have learned in the Final Showcase on Saturday, February 28 at 2:00 pm.

### **Canada, Quebec/ Ireland: (Week 1 and 2)**

La Bastringue – Beginning level Dance

Ceili Reel – Beginning level Dance

### **Israel: (Week 3 and 4)**

Zemer Atik – Easy Beginning level Dance

Ya Abud – Easy Intermediate level Dance

### **Bulgaria: (Week 5 and 6)**

Bucimis- Intermediate level Dance

Graovsko Horo – Advanced level Dance

### **Instructor Bio**

*Lyndsey Willis Wulfenstein graduated from Brigham Young University this last April in Communication Disorders. While she loves learning about the sciences her true passion is in Dance. As a member of the BYU International Folk Dance Ensemble (2005-2008), Lyndsey toured with the group to Lithuania, Latvia, Estonia, Canada, France, Italy, Hungary, Slovakia, Austria, Czech Republic, Poland, Belarus, and Ukraine. From these experiences she has gained a great appreciation for other cultures, especially their unique and diverse dance forms. As part-time faculty in the World Dance division at BYU, and as an Irish Dance Instructor, Lyndsey enjoys teaching others about the wonderful and exciting world of dance!*

## **Couples Dancing – Instructor, Jamie Peck**

**1-hour Class: \$25**

**11:00am–12:00pm, Dance Studio**

This course will teach the fundamentals of Ballroom Dance. The dances that will be taught are Country Line & Swing, Cha-Cha, and Waltz. Whether you're serious about dance, or just want to have fun with your spouse or significant other, this class is for you. Grab a partner and come prepared for a fun time! Students will have the opportunity (though it is not required) to perform what they have learned in the Final Showcase on Saturday, February 28 at 2:00 pm.

### **Instructor Bio**

*Jamie enjoys sharing her love of dance with other people. She has been dancing since she was a little girl, and plans to continue dancing for the rest of her life. She has training in jazz, ballet, ballroom, and hip hop, and is certified Silver in Latin Ballroom Dancing. Jamie graduated from the Mountainland Applied Technology Center in 2003 as a Certified Nurses Assistant, and is currently enrolled in the Ballroom Dance Program at UVU.*

## **Introduction to Watercolor Painting – Instructor, *Lori Lambson-Hedgepeth***

**1.5-hour Class: \$35; Materials Fee: \$10**

**9:00am–10:30pm, Room 28**

This class promises loads of fun and creativity as participants learn the basics of watercolor painting. Instruction will cover basic brush and wash techniques, mixing paint, and an overview of styles, methods, and materials for this medium. Additional instruction will cover illustrative concepts and visual problems solving. Students will be expected (though not required) to display what they have created (finished or not) in the Final Showcase on Saturday, February 28 from 1:30 to 3:30 pm.

### **Instructor Bio**

*Lori is the daughter of an artist & art teacher, father. She's been at it all her life. Watercolor was her first love but she has worked in many mediums and has developed her own unique style of fantasy painting. She was educated at BYU where she later taught for five years. She specialized in Illustration and design. She has done art work for television, movies, advertising, logo design, with the bulk of her career in magazine & book Illustration. She has illustrated many childrens books, even written a few of her own. She has six children and six grandchildren, who have been her greatest inspiration. She has lived in Utah most of her life and now resides in Spanish Fork.*

## **Basics of Drawing – Instructor, *Ondre Pettingill***

**1.5-hour Class: \$35; Materials Fee: \$10**

**10:30am–12:00pm, Room 28**

This 6-week basic drawing course focuses on black and white or monochromatic rendering from life, pictures, masterworks, and imagination. The course will cover perspective, geometric forms including lighting and shading, Still life drawing and rendering, drawing foliage and landscapes, and concluding with copying a Master Artwork. This course will require a \$10.00 art fee that will provide large and medium drawing paper, # 2 pencils, black charcoal sticks, erasers, drawing boards, and rulers. Students will be expected (though not required) to display what they have created (finished or not) in the Final Showcase on Saturday, February 28 from 1:30 to 3:30 pm.

### **Instructor Bio**

*Ondre Pettingill (1952- ), of Gardena, California, studied at Utah State University and Pratt Institute of Manhattan. He has worked at the Whitney Museum of American Art in New York City, and as a free-lance illustrator for nearly 13 years painting book jackets for many publishing titles. His oils and mixed-media subjects have been "pop" realistic in nature, indebted to photography, and also have social, political, and satirical overtones in his work. His work has been exhibited at numerous galleries throughout Utah. As a secondary art educator Ondre's outlook about art is broader than ever before as he has researched deeper the many subjects he teaches so that his students learn deeper meanings that engage them further. He has been an educator since 2004. He presently teaches at the American Leadership Academy charter school since the school opened in 2005.*

## **Figure Drawing – Instructor, *Hannah Mitchell***

**1.5-hour Class: \$35; Materials Fee: \$10**

**9:00am–10:30am, Room 27**

Must have some knowledge of the basics of art. We will have a brief review of the elements of art. Students will learn to draw the human figure from live (clothed) models; experimenting with the mediums of charcoal and pastel. They will learn the techniques of contour and gesture drawing and getting correct proportions of the body. Students will be expected (though not required) to display what they have created (finished or not) in the Final Showcase on Saturday, February 28 from 1:00 to 3:00 pm.

### **Instructor Bio**

*Hannah Mitchell has always had a passion for art. It is a hobby that she has always enjoyed from a young age. She grew up experiencing the rural farm life in Elberta Utah, at Bateman's mosida farm. She graduated from Payson High School and attended Brigham Young University in Idaho and graduated in December 2007 with a BFA in Art Education. She is currently the art teacher at Spanish Fork High School and absolutely loves it! Come and share her passion for art!*

## **Oil Painting – Instructor, *Hannah Mitchell***

**1.5-hour Class: \$35; Materials Fee: \$15**

**10:30am–12:00pm, Room 27**

Must have some knowledge of the basics of art. This class requires out of class work. We will have a brief review of the elements of art. Students will learn the techniques for painting with the medium of oil, we will focus on the elements of Value and Color. Students will be expected (though not required) to display what they have created (finished or not) in the Final Showcase on Saturday, February 28 from 1:30 to 3:30 pm.

### **Instructor Bio**

*Hannah Mitchell has always had a passion for art. It is a hobby that she has always enjoyed from a young age. She grew up experiencing the rural farm life in Elberta Utah, at Bateman's mosida farm. She graduated from Payson High School and attended Brigham Young University in Idaho and graduated in December 2007 with a BFA in Art Education. She is currently the art teacher at Spanish Fork High School and absolutely loves it! Come and share her passion for art!*

## **Introduction to Digital Photography – Instructor, *Evelyn Nelson***

**2-hour Class—ONLY HELD LAST 3 WEEKS OF WORKSHOP (Feb 14, 21, 28): \$25**

**10:00am–12:00pm, Room 5**

Come learn how to use your DSLR or SLR camera. Topics we will be discussing include: lighting, exposure, composition, camera modes, camera parts and functions. We will also briefly discuss editing and picture storage/printing. After this class you should be able to use your camera with confidence! We will have shooting assignments each week and students will need to bring a few prints to class each week to review; students will also need to purchase a final print for the show as well. Students will be expected (though not required) to display what they have created (finished or not) in the Final Showcase on Saturday, February 28 from 1:30 to 3:30 pm.

### **Instructor Bio**

*Evelyn is a self-taught photographer with over ten years of experience. She opened her photography business here in Spanish Fork 2 years ago and specializes in natural light children's portraiture. Her website is: [www.frecklesphotography.net](http://www.frecklesphotography.net)*

### **Theater/Drama – Instructor, Adam Cannon**

**2-hour Class: \$45; Materials Fee: \$10**

**9:00am–11:00am, Drama Room/Little Theatre**

**Day 1—Intro to theater:** Comedy, Drama, Classical, Contemporary, Musical, Theater Etiquette; *Intro to acting:* Becoming comfortable on stage, Finding yourself and the character, Creating a “backstory”

**Day 2—Auditioning:** Preparing, Auditioning, “knocking it out of the park”; *Begin One Act Play:* Auditions, Casting, Read through

**Day 3—Now I’m Cast...what do I do?** Rehearsal tips, Cast Etiquette, Memorization techniques; One Act Play Rehearsal

**Day 4—Getting Closer to show time...what now?** Learning blocking and choreography, Finding a costume, Putting character in your character; One Act Play Rehearsal

**Day 5—Almost there...panic time!!!** Polishing, Going “off book”, Makeup tips; One Act Play Rehearsal

**Day 6—Final “exam” time,** Opening Night, Cast Call—what to expect; One Act Play performance

Students will have the opportunity to perform what they have learned in the Final Showcase on Saturday, February 28 at 2:00 pm.

### **Instructor Bio**

*Adam Cannon has been involved in theater since he was 15 and was pulled from the chorus of *The Pajama Game* and asked to play the part of a drunk factory worker coming home from a company party. Since that small role, he has found his passion for theater...all aspects of theater, from acting to directing to the technical side to watching. He loves instilling that passion in others and loves to help in all aspect of theater. For the past 3 years he has been involved in some theatrical endeavor almost every single day. He is currently preparing to direct next summer's Spanish Fork Community Theater production of *Singin' In The Rain*. He is the father of 6 wonderful children ranging in age from 6 to 16, and the husband of a wonderful woman who is a fantastic singer and performer.*

### **Costume Crafting for Theater Production – Instructor, Mareen Robinson**

**1-hour Class: \$25; Materials Fee: \$10**

**11:00am–12:00pm, Drama Room**

This class will cover the following points: how to research period clothing, websites to look for ideas, how to adjust patterns—hands-on with ¼ scale patterns, figures to draw costumes over, ability to draw (present ideas), how to substitute effectively if perfect piece isn't available, how to remake DI clothing, turning trash into treasures, how to alter costumes, costume essentials (waists, zippers, linings), techniques and tools and supplies, hands-on classes—making hats & dresses, use of color, stain and makeup removal, guest speakers.

### **Instructor Bio**

*Mareen Robinson started sewing at age 8, making the summer pajamas for herself and brothers and sisters, when spending time at Grandma's. She continued sewing for her family, making her own suits, formals for her daughter and all the ski clothes for the family. She taught beginning sewing and making ski clothes. She took professional classes at the Fashion Academy in Southern California. After moving to Spanish Fork, became the costumer for the Community Theater.*

### **\*Technical Theater – Instructors, Richard Lindsey, Craig Zeeman, and Sara Harvey**

**1-hour Class: \$40 per month (\$35 discount rate if paid before 2<sup>nd</sup> week of each month)**

**\*THURSDAY EVENINGS: 6:30–7:30pm, Little Theatre/Auditorium**

Technical Theater class will include instruction in sound, lighting, stagecraft, special effects, and rigging. This class offers theory as well as hands-on experience opportunities. Those who wish may participate in tech for the upcoming Spanish Fork Youth Theatre productions of *101 Dalmatians* and/or *Tales of Arabian Knights*. All classes will be held at the Spanish Fork High School, Thursday nights from 6:30-7:30, either in the main theater or the Little Theatre. If participating in tech for the plays, additional times will be required. Students will have the opportunity to use what they have learned by handling the sound and lighting for the Adult Education Workshop Final Showcase on Saturday, February 28 at 2:00 pm. Class begins January 22<sup>nd</sup> through the end of April. Class is for ages 14 and older. For more information contact Karma at 494-4730.

### **Instructor Bio**

*Richard Lindsey, Craig Zeeman, and Sara Harvey have over 100 years combined experience in educational, professional and community technical theater to share with participants.*

### **\*\*Nebo Chorale – Director, Rick Lunt**

**\$20 per semester**

**Practice: Every Thursday: 7:00–8:30pm, American Leadership Academy Choir Room**

**Performances: Easter Concert—Friday, April 10, Provo Tabernacle; Spring Concert—May 13, ALA Auditorium**

The Nebo Chorale is a community choir for the Spanish Fork area. All adults are invited to participate – no audition is required. This is a fun group that really enjoys music and singing. They present 4 performances throughout the concert season. The choir season goes from September to May of each year; they usually take the summer off. Even if you weren't part of the Chorale for fall semester, please join us for winter/spring semester. The Easter concert will be combined with the Utah Valley Children's Choir, the UVU Institute Choir, the Payson Civic Chorale, and the Nebo Philharmonic Orchestra. For more information call Miriam Cloward, Chorale president, at 798-7913.

### **Director Bio**

*Rick Lunt has taught choral music for twelve years. His choirs are consistently ranked among the top performing groups in the nation, and recently his Spanish Fork High School Ambassadors won Grand Champion at a National Show Choir Competition in L.A. They also recently won the Lieutenant Governor's Office 2008 Seasons of Service Award. Rick currently teaches choir and show choir at American Leadership Academy.*